Nihb Counselling Services in Edmonton - Support for Indigenous Communities

At **NIHB Counselling**, we provide culturally sensitive, professional, and confidential mental health support tailored specifically to Indigenous individuals and families in **Edmonton** and across Alberta. Our services are covered under the **Non-Insured Health Benefits (NIHB)** program, ensuring that you receive the care you need at no cost. Whether you're seeking help for **grief**, **loss**, **trauma**, or **mental health challenges**, our team of experienced therapists is here to support your healing journey.

Explore our range of services and resources:

- Free Counseling Near Me for First Nations & Inuit under the NIHB Program
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Online Counselling for Indigenous Mental Health in Alberta

First Nations NIHB Mental Health Counselling

Contact Us for NIHB Counselling

About Us: Learn More About Our Approach

NIHB Counselling Services Overview

Grief, Loss, and Trauma Healing – NIHB & IRS/MMWS Covered

Meet Our Therapists for NIHB Counselling

NIHB Counselling Booking

Support for Residential School Survivors (IRS Program)

Support for Families of Missing and Murdered Indigenous Women and Girls (MMIWG/MMWS)

Individual Therapy – NIHB Covered

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We are here to walk with you through every step of your healing process. Reach out today to begin your journey toward recovery and emotional well-being. For more information or to schedule a session, please visit our website or contact us directly at **587-372-3143**.